



**CVSF LAKE CHABOT TRAIL CHALLENGE – JUNE 2, 2019
WAIVER AND RELEASE OF ALL CLAIMS**

IN CONSIDERATION OF MY PARTICIPATION IN THE CASTRO VALLEY SPORTS FOUNDATION LAKE CHABOT TRAIL CHALLENGE 5K AND HALF MARATHON HELD ON JUNE 2, 2019 [hereinafter referred to as the “Event”], I HEREBY WAIVE, RELEASE, COVENANT NOT TO SUE, AND FOREEVER DISCHARGE CASTRO VALLEY SPORTS FOUNDATION, its officers, directors, race directors, coaches, volunteers, agents, East Bay Regional Park District and all other person(s) associated with the Event from any and all liabilities, actions, claims for damages against any of the aforementioned individuals or entities arising out of or in any connected with the Event, including without limitation any discomfort, illness, injury or accident which may occur while traveling to and from the Event, participating in the Event or while on the premises of the Event.

I ASSUME FULL AND COMPLETE RISK AND RESPONSIBILITY FOR ANY DISCOMFORT, ILLNESS, INJURY, DAMAGES OR ACCIDENT which may occur while I am preparing for the Event, during the Event, while I am on the premises of the Event, or while I am traveling to and from the Event. I understand that participating in the Event may be hazardous and that I should not enter or participate unless I am medically able, physically able and properly trained. I understand and acknowledge that it is my responsibility to consult with my doctor before participating in the Event. I understand and acknowledge that it is my responsibility to ensure that at all times I am medically and physically fit to participate in the Event. I acknowledge and agree that the Event may be held over public roads, pathways and facilities open to the public during the Event, including but not limited to walkers, bicyclists, wild animals, dogs (on and off leash), horseback riders and non-participants) and upon which hazards are to be expected. I acknowledge and assume all risks associated with participating in the Event, including without limitation risks of permanent injury or death due to falls, obstacles, fallen trees, debris, uneven surfaces, wildlife, contact with other participants, acts or omissions of other participants, weather conditions, and conditions of any road or paths.

IN FURTHER CONSIDERATION OF MY PARTICIPATION IN THE EVENT, I HEREBY RELEASE AND AGREE TO INDEMINIFY AND HOLD HARMLESS CASTRO VALLEY SPORTS FOUNDATION, its officers, directors, race directors, coaches, volunteers, agents, East Bay Regional Park District and all other person(s) associated with the Event from any and all liabilities, actions, claims for damages against any of the aforementioned individuals or entities arising out of or in any connected with the Event, including without limitation any discomfort, illness, injury or accident which may occur while traveling to and from the Event, participating in the Event or while on the premises of the Event.

I hereby agree that I will not use or allow to be used radio headsets, bicycles, strollers, skates, strollers, skateboards, scooters or other wheeled devices (except as medically necessary), and that no animal(s) will accompany me (or, in the case of my child or ward, my child or ward) during my participation of the Event.

I hereby certify that I am over the age of 18 years of age and have the capacity to execute this Waiver and Release of All Claims and do so on my own behalf.

PRINT NAME: _____

SIGNATURE: _____

DATE: _____

COMPLETE IF EXECUTING ON BEHALF OF A MINOR OR INCAPACITATED ADULT

I hereby warrant and agree that I am the parent or legal guardian of that individual and have the legal authority and capacity to enter into this Agreement and Waiver on his/her behalf and by executing this Agreement and Waiver, knowingly and fully assume all risk of injury and agree to the terms of this Waiver and Release of All Claims on his or her behalf.

Name of Minor or Incapacitated Adult: _____

Age: _____

Print Name of Parent or Legal Guardian: _____

Signature of Parent or Legal Guardian: _____

Date: _____